

Our Mission is to **Promote Self-Esteem** and Recognition to All Talents with **Equal Opportunity** and without any Discrimination



Our Mandate is to treat all Talents of all ages, gender, level of ability and expertise equally

# **PROMOTING SELF-ESTEEM**

**& RECOGNITION** 







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## Bradley Turmel





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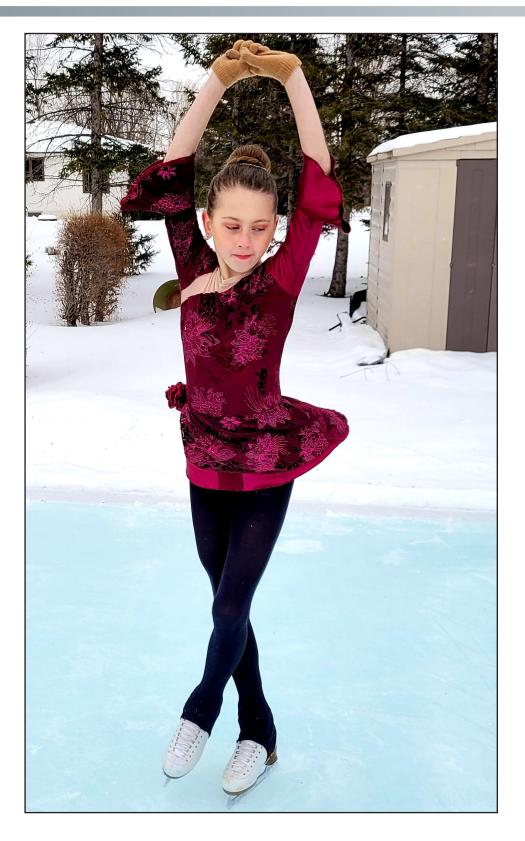
### Callie Donna Ogal

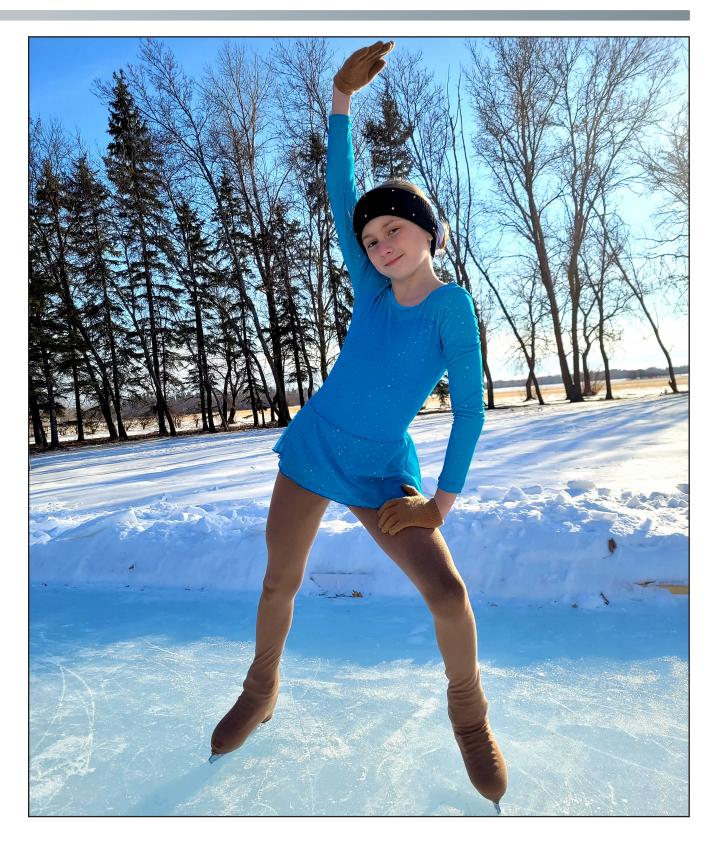
Hello, My name is Callie Donna Ogal. 10 yrs old from Lockport Manitoba. My passion is Figure Skating. My goal is to one day skate on the National Team for Canada.

I started my competitive coaching just over 2 years ago. Within the first year I took over 20 tests and moved up several levels. I worked very hard to reach all my goals. The biggest accomplishments from that year was receiving my first medal. I won a bronze medal at the Manitoba Open. And than COVID hiˈt.....

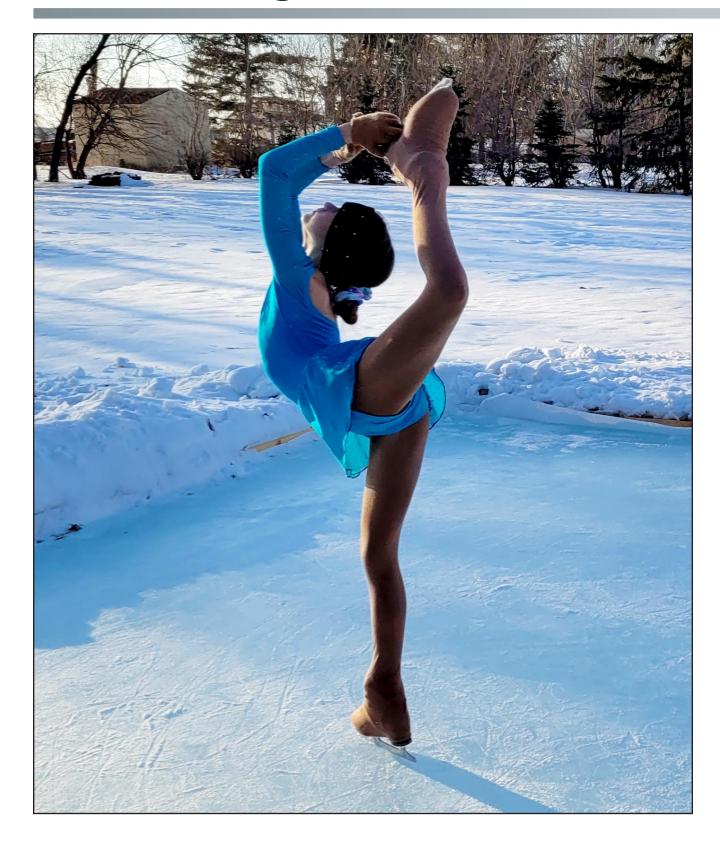
The next year would become the biggest challenge many of us had ever faced. In Canada had ever faced. In Canada (Manitoba) we were unable to skate for over 6 months of the year. My heart was breaking not to be on the ice. But with the help of my great coaching team we started Zoom off ice. I learned so much from my excessive much from my excessive amount of off ice. How important it really was. What I gained over this last year was amazing. My strength,flexibility,control, and speed has increased. I was stronger than ever I I was stronger than ever. I also made Team Manitoba.

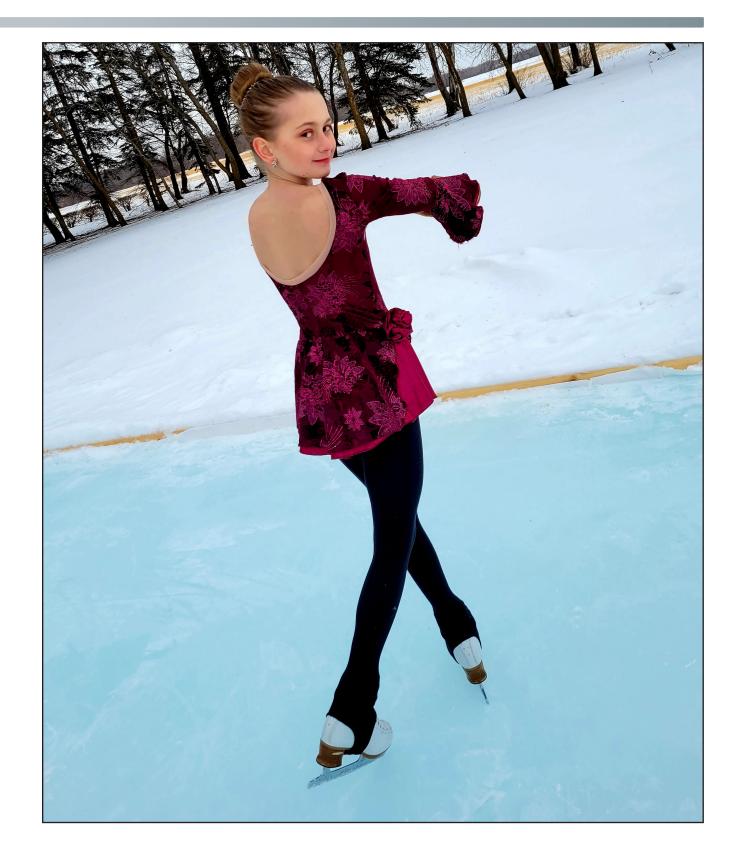
I am able to skate again with many limits. But so grateful to be on the ice. Due to my training I have been able to land most of my double jumps and do many new spins and skills. My goal is to Compete at our Sectional Competition and hopefully place. But who knows the sky is the limit to be say is the sky in the sk limit. I always keep my dreams big





## Callie Donna Ogal





## Charlotte Hobson





### Charlotte Hobson

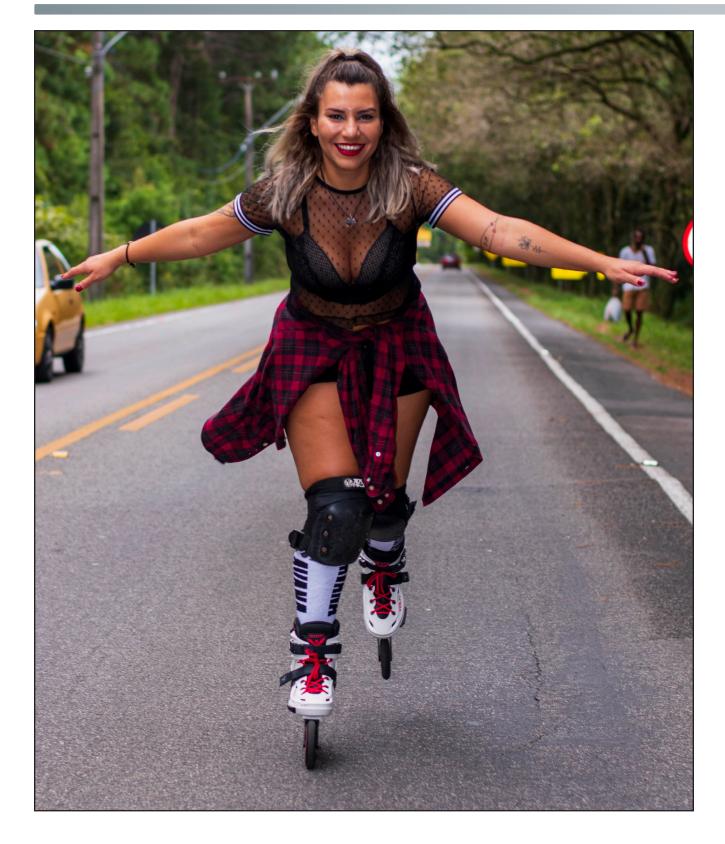


## Charlotte Hobson



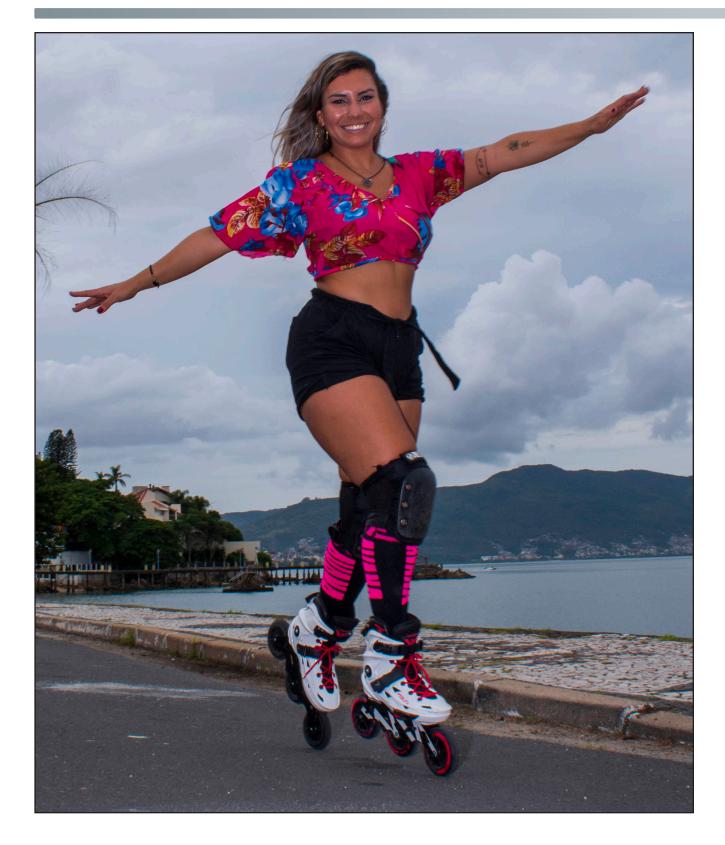


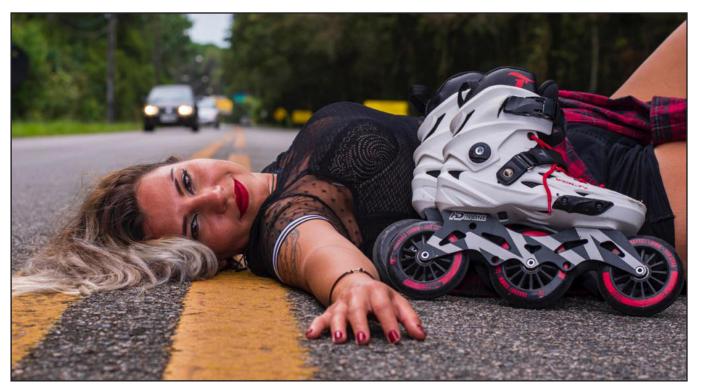
### Danieli Amaral





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### David Cook





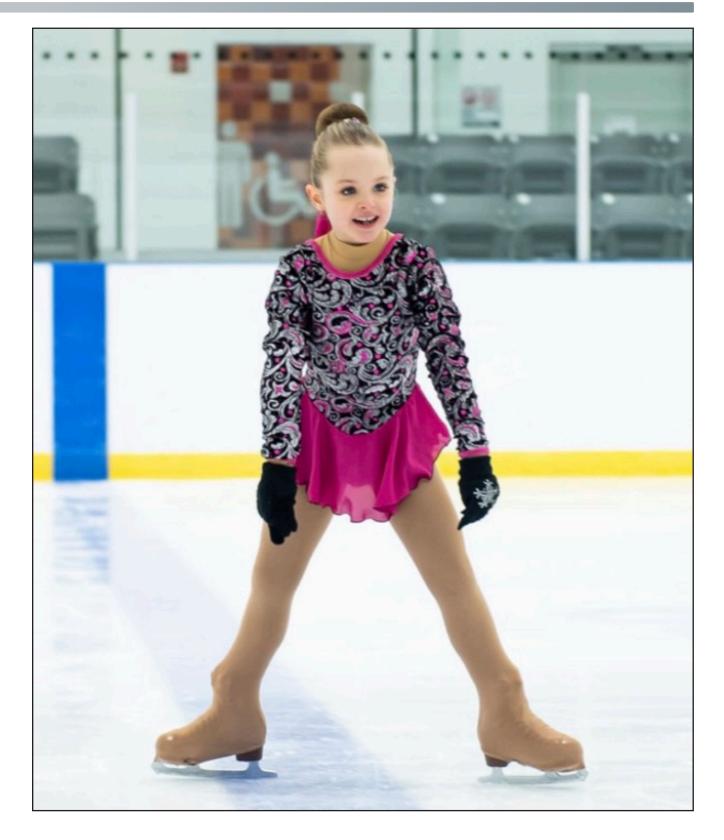
# Hailey Mitchell





## Hailey Mitchell

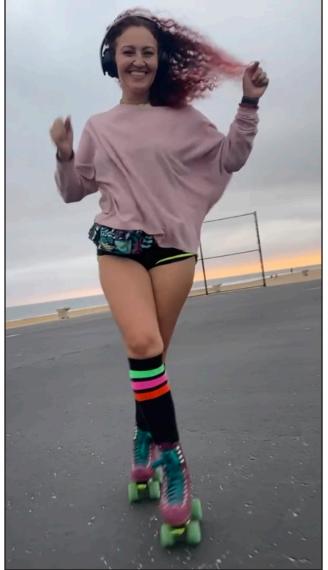












A little about myself, I have been roller skating since I was a kid but recently started back up more consistently about 2.5 years ago. I love all types of skating, including park skating, street skating and jam skating! Skating has got me through a mental breakdown and anxiety recently and has literally saved my life!

Recently I have been getting a lot of comments from followers on social media telling me I'm an inspiration to them and I make them want to start skating. That brings me so much joy!

My goals are to inspire more people to skate in hopes it will bring them that joy I feel and get them through the hard times like it did for me!



## Jordan Williams



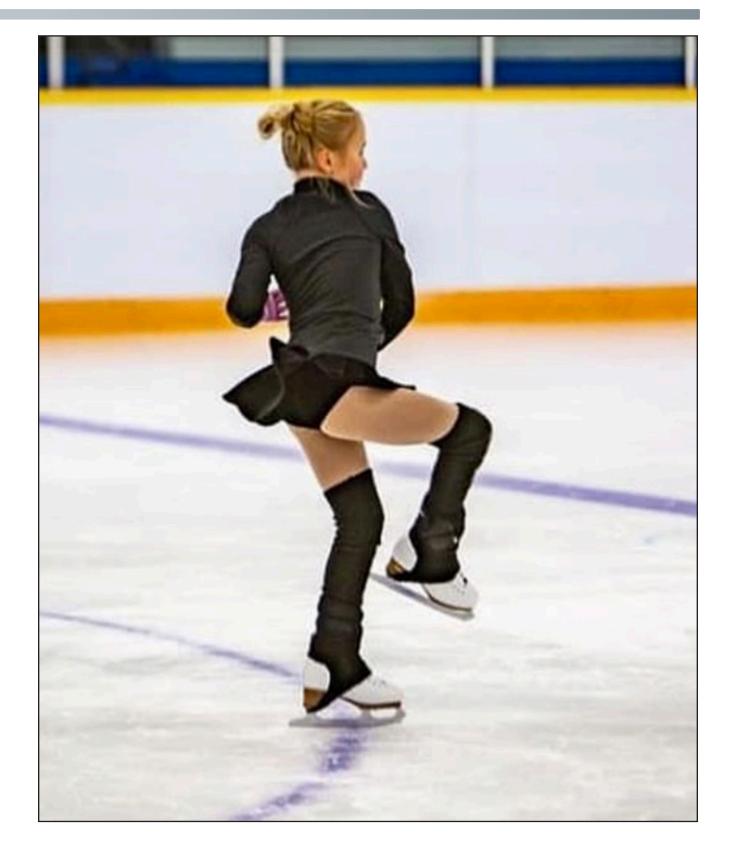




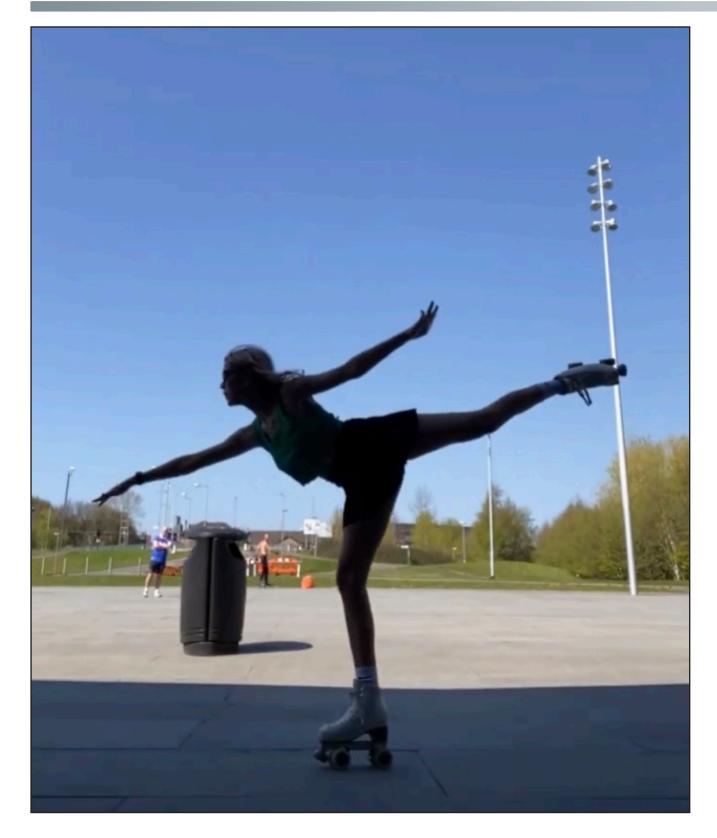


## KatieBelle Turmel





### Katie McLaren







I have been skating since I was 19, just under three years, after starting work at my local rink, Rollerstop, in Glasgow. I fell in love with skating from day one & have practiced almost every day to be where I am now. I have my friends & colleagues Jim, Siobhan, Iain & Dave at Rollerstop to thank for teaching me the way of skating, I couldn't have done it without them.

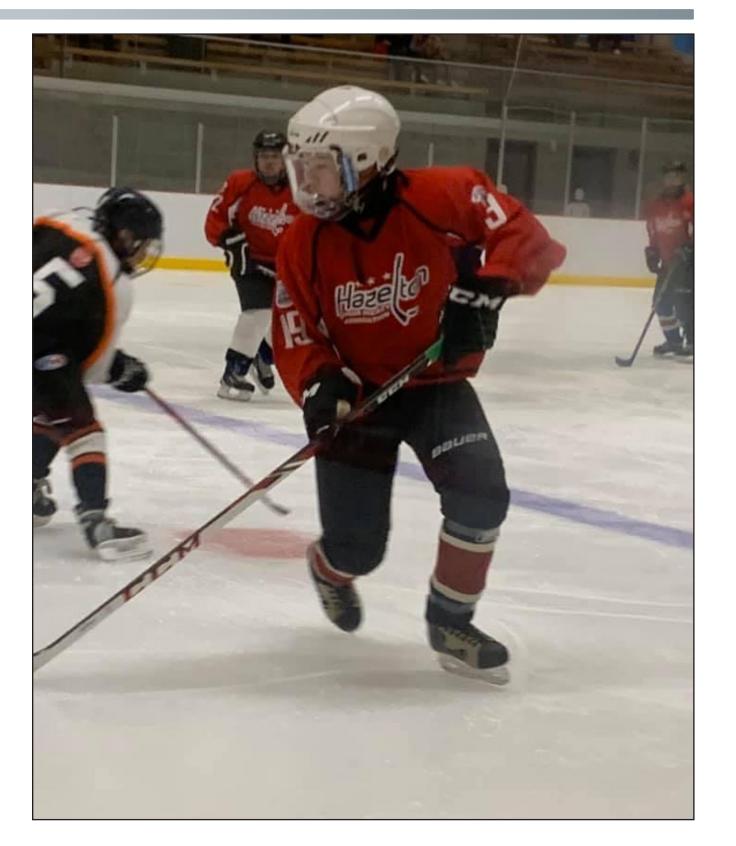
My dream would be to compete in both free skating & pair skating as I love the excitement of competitions & how free skating makes me feel.

There have been challenges along the way, particularly with the rinks being closed due to the pandemic. However, this encouraged me to skate outdoors & I have found a new love for skating in the sunshine, it's not quite Venice Beach in LA but Glasgow has its perks too.



## Leland Williams

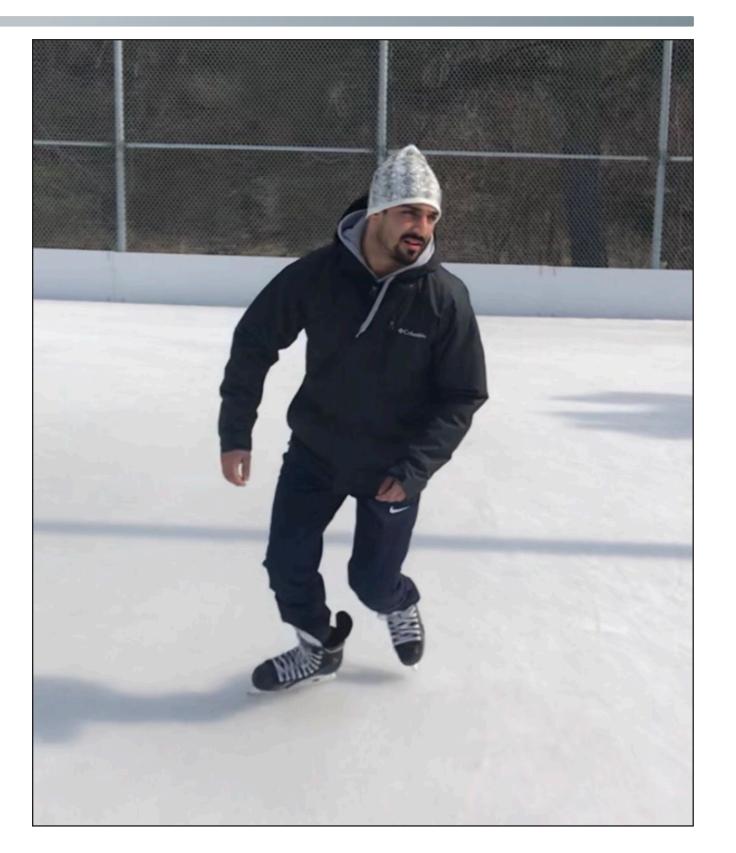




## Leonardo Torres







#### Isaiah Jones





To be honest with you when my son said he wanted to play hockey I was quite baffled because I didn't know anything about the sport. It was an amazing experience to be welcomed into something so brand new and be welcomed into something so brand new and be welcomed into a very loving community of hockey. To be honest with you Isaiah struggled a lot in school he was diagnosed with being dyslexic at a later age and even though he had this learning disability and he was in remedial classes when he found his hockey team he was so determined to give his best even where and to was so determined to give his best everywhere and to prove himself to everyone. He worked very hard went to tutoring and was able to get himself out of those classes and truly show the heart that he has not only for his team but to everyone else. He was given this amazing opportunity by his grandparents is Nana and his Papa who has made a way for a young man who was lost who had dad issues because his dad wasn't around to feeling a part of a bigger family. I could have never imagined it would have been hockey that made his heart whole and to give him the self confidence that I had been trying to teach him for so many years. Isaiah now has huge dreams to be the first blasian NHL player because he is very proud of his both Korean and African American heritage and even to go to college and learn

and be in the same field as his Papa after his hockey career. He wants to be an inspiration to the children that feel like they are left behind even if it's by one parent or even if it's because they have a learning disability he wants all children to know no matter what life throws at you as long as you show life your best nothing is unobtainable. I am so proud of the young man that he's becoming this past season he was awarded his A for being a leader and showing that he always encouraging others to do their best and always standing up for the little guys. I felt it important to share his story because I want him to achieve his dreams of one day becoming a role model and letting people know that no matter what life throws at you that if you hold your head up and you keep going towards your goal and believe in yourself anything is achievable. Also to know family is not always the ones that we are with but sometimes coming to form of teams you play for and play with. Thank you Nana and Papa for having faith in him and thank you Plano East Hockey for being a part of our lives. Greatness is just a footstep away. So much love and respect to all the players and families.

Photos Credits:Plano East Steven Korner

## Isaiah Jones











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### Paige Kasian



Paige Kasian is a figure skater from Winnipeg, Manitoba and rrom Winnipeg, Manitoba and has been competing for over a decade. She is 18 years old and has an identical twin sister, Emma, as well as a younger sister, Macy, who also figure skate. The sisters have grown up in figure skating together, and all share the same love for the sport the sport.

Paige is currently at the Junior level and her coaches are Margo Russell and Deidre Sherk. Paige has also had the pleasure to work with a few other coaches throughout her skating career, but has stayed with Margo and Deidre the longest.

Throughout Paige's skating career, she has competed in places throughout Manitoba, Saskatchewan, Ontario, and Minneapolis. She has gone to Manitoba Winter Games in both 2014 and 2018, and was an alternate for Skate Canada Challenge in 2018, at the Pre-Novice level. Paige has won many awards and has passed all of her skating tests at the gold level; whether it be dances, skills, or freeskate.

Aside from all of the training and competing, Paige has grown close to her skating community, and has made

community, and has made strong relationships with the coaches and other skaters in her club.

About 7 years ago, Paige started assisting in the CanSkate program, in which she teaches young, new skaters how to skate. One of Paige's future goals is to take the CanSkate Training course, and become a certified CanSkate coach.

Paige's favourite part about the figure skating community is the people, as she will go on to know these people for the rest of her life, even after she retires from the sport. The way Paige sees it, there is nothing more important than loving the people you share your passion with.



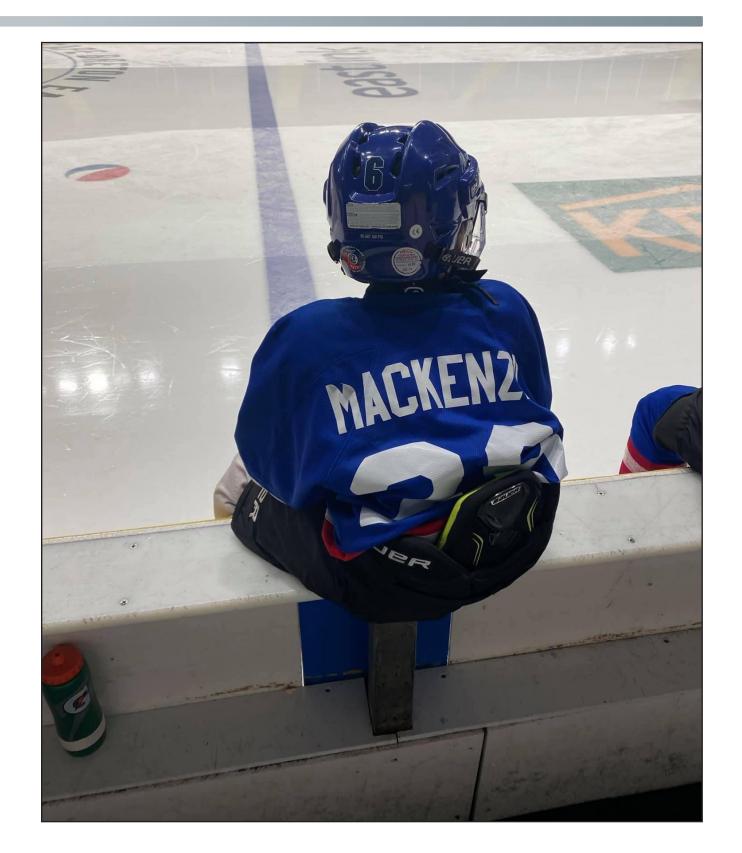
# Paige Kasian





## Peyton Mackenzie





### Peyton Mackenzie



Peyton Mackenzie is a 9 year old skater from Cape Breton, Nova Scotia. His love for the game started at an early age. Peyton eats, sleeps, breathes hockey. His skating abilities are top notch. He has played hockey all over the Atlantic provinces and no matter where he competes, people talk about his skating. Peyton attends private power skating lessons with his skating coach Raylene Lewis three times a week. He also has another power skating he attends called Extreme Edge. His abilities are way beyond his years. This year Peyton was an U9 player who was given special permission by our Hockey Nova Scotia board to try out for the U11AA team and he made it. Great job Peyton. His idols are Nathan Mackinnon and Cale Makkar. He plays spring hockey with the Cape Breton Freeze and recently made a provincial team, the Nova Scotia Raiders with Atlantic Hockey Group.



#### Sarah Theriault



Fast forward six years, and today you will find Sarah attending Everest Academy in Vaughan where hockey isn't just a passion; it's part of the curriculum! Sarah skates four days a week with her trainers at school and is gaining the valuable ice time she needs to become a "AA" hockey player Photos Credits: Nancy Theriault she's been called up to be.

Sarah Theriault, at age 8 was just an average kid trying out a new sport for fun. One Friday night, Sarah and her mom walked into Century Gardens

Covid-19 has left many kids side-lined from the sport of hockey this past season, but Sarah's situation was worse; she was actually left without Arena in Brampton to register for a "Learn to play hockey" program called "RISING STARS". Apon arriving Sarah was intrigued to see so many girls participating in a sport that seemed so foreign to her. Hardly being able to hold her balance on skates Sarah took the first steps which changed her outlook in the game of hockey.

Fast forward six years and today you will find

> Looking ahead to the 2021/22 hockey season Sarah is excited to start a new chapter with her new hockey team.



## Sarah Theriault



#### Stefania Baker





My name is Stefania! I can't remember myself not skating. My mom brought me to the ice rink when I was 4 years old. When I won my the first competition I realised that I love skating!! I do freestyle and ice dancing! Interpreting the music is the best part because people can imagine anything they like and perform it on the ice!!The most existing thing for me is to participate in the Christmas show where I have the freedom to choreograph the program myself.

Last year during the lockdown when all the skating rinks were closed I signed up for different zoom classes designed for ice skaters: spins, jumps, stretching, choreo etc. I was lucky to meet such great coaches from all over the country. Within a month I was able to jump double axel off ice and started to work on triples. When the rink was open everyone noticed my progress.

In the last skating season most competitions were canceled or made virtually, my skating rink got the opportunity to have the Virginia State Games in June. I was super excited and was working on my new program. Unfortunately, I got a stress injury on my right foot. Of course I was upset, but "when life gives you lemons, make lemonade", like with lockdown situation I keep a positive mood and take advantages of being off the ice; keep working on my core and upper body to be in ice: keep working on my core and upper body to be in shape and do digital art -,it's my hobby that I could not spend a lot of time before.

I never give up and hope to recover soon to represent Tidewater Figureskating Club in Virginia State Games.





#### Tiffanie Thibert

